

HAMILTON-WENHAM RECREATION

SPRING/SUMMER 2022 BROCHURE



16 UNION ST. HAMILTON, MA

Resident Registration Opens March 7th
Non-Resident Registration Opens March 14th

HAMILTON-WENHAM RECREATION DEPARTMENT MISSION STATEMENT

The Hamilton-Wenham Recreation Department provides a wide variety of programs designed to improve the quality of life for residents by meeting physical and recreational needs. We promote life long lessons through play, education and community wide events.

Hamilton-Wenham Recreation Department
16 Union St.
Hamilton, MA 01982
978-468-2178
www.hwrecreation.com

Office Business Hours:

Monday	8:00am - 4:30pm
Tuesday	8:00am - 6:30pm
Wednesday	8:00am - 4:30pm
Thursday	8:00am - 4:30pm
Friday	8:00am - 12:30pm

Joint Recreation Committee Members

John Cusolito	Wenham
Len Dolan	Wenham
Dan Curran	Wenham
Steve Ozahowski, Chair	Hamilton
Brad Tilley	Hamilton
Phil Tocci	Hamilton

The Joint Recreation Board is made up of six members, three residents of Hamilton and three residents of Wenham. The Board meets once a month to discuss various recreation issues.

RECREATION DEPARTMENT STAFF

Director

Sean Timmons
 stimmons@hamiltonma.gov

Recreation Assistant

Danielle Kiely
 dkiely@hamiltonma.gov

Stay Connected

**HAMILTON
WENHAM
RECREATION**



@Hamilton-Wenham Recreation



@hamiltonwenhamrec



@HWRecreation



COURSE CANCELLATION

Classes that do not attain the minimum enrollment will be cancelled 48 hours prior to the scheduled start date. If cancelled you will receive a full refund. We reserve the right to reschedule or change classes. You will be called if your class is cancelled, otherwise, plan on attending.

COURSE CONFIRMATION

We DO NOT provide confirmations for program registrations. You will be called if a class is filled and you will be placed on the waiting list. Otherwise, plan on attending.

MAKE UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes that are missed due to the participants inability to attend.

INCLEMENT WEATHER

All classes will run unless you are otherwise notified. In the event that we need to cancel programming/event an email and a text alert will be sent to class participants. It will also be posted on our website at www.hwrecreation.com.

FILLED CLASSES

You are urged to register as soon as possible. Classes are filled on a first come first served basis. We do not “hold” spots. If your class is filled, you will be placed on a waiting list.

PARTICIPANT PHOTOGRAPH POLICY

Periodically, the Recreation Department photographs/videotapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purposes.

REFUND POLICY

1. Full refund for a cancelled class
2. You will receive a full refund if you cancel more than 5 business days before the start of the program.
3. You will receive a refund minus a \$10 administrative fee if you cancel less than 5 business days before the start of a program.
4. Prorated refunds will be given at the discretion of the Recreation Director
5. All refunds will be issued in the form of a check.

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WWW.HWRECREATION.COM

Please visit our website to browse activities, register for classes and view any new announcements

HOW TO REGISTER

Step 1: Visit www.hwrecreation.com and create a user name and password

Step 2: Search and select activities and add them to your on-line cart

Step 3: Pay on-line with credit card* or print and mail form to the Rec. Dept.

***PLEASE NOTE WE ONLY ACCEPT CREDIT CARDS OR CHECKS. NO CASH.**

*All Refunds will be issued in the form of a check. Service fees will be refunded back to the credit card in full.

If you do not wish to register on-line, we have two other options for registration

Walk-In:

Recreation Center
16 Union St., Hamilton MA
Hours on page 2

Mail to:

HW Recreation Department
16 Union Street
Hamilton, MA 01982

REGISTER EARLY!!

Registration for MOST programs will close 1 week prior to the first class.
Please register early to ensure your spot!

TEXT ALERTS!!

If you wish to receive text alerts regarding activities please opt in your account for mobile alerts.

Important Pool Information

CONTACT INFORMATION

Recreation Office: (978) 468-2178 (prior to pool opening)
Pool Office: (978) 626-5270

MEMBERSHIP REGISTRATION

Memberships are ONLY available to residents of Hamilton or Wenham. Registration will open starting on Monday, March 7th. Memberships may be made online, in person, or over the phone. If the membership is not purchased in person, arrangements must be made with the Recreation Department to receive your passes.

MEMBERSHIP CARDS CANNOT BE PURCHASED AT THE POOL

MEMBERSHIP CARDS

Membership cards must be brought to the pool to gain access. Please make sure to bring YOUR own card and not someone else's. Staff may seek further information from the membership holder if deemed necessary.

PAYMENT

Memberships can be purchased via check or credit card, drop in fees can be paid at the pool by cash or check. Credit Card/ATM transactions are unavailable at the pool.

REFUND POLICY MEMBERSHIPS

In order to receive a refund on a membership participants must cancel at least 2 weeks prior to the opening of the pool

[Returning Membership Holders](#)

Membership cards purchased previously will be automatically activated if a membership is purchased for this season. A new membership card is only needed for first time membership holders.

NON-RESIDENTS

Non-Residents may not enter the pool unless they are accompanied by a resident with a guest pass. Information on how to obtain a guest pass is in the membership page

WEATHER CLOSURES

The Pool will close immediately at the first sign of lightning, thunder or severe weather and remain closed for at least 30 minutes. The pool will not re-open until 30 minutes has passed without any additional sign of lightning, thunder or severe weather. During this time patrons will not be allowed to remain within the pool enclosure.

HEALTH AND SAFETY CLOSURES

In the event the pool water chemistry fails to comply with state regulations the pool will be closed to bathers until the water chemistry is brought back into compliance. Please make sure to take a cleansing shower before entering the pool.

EMERGENCY PROCEDURES

In the event of an injury or missing person, please notify the Pool Office immediately.



Open Swim Hours of Operation

(Swimmers Must Exit Water 15 minutes Prior to Close)

June 18th - June 26th (Pre-Season)

Monday - Friday	2:00pm - 7:00pm
Saturday	11:30am - 7:30pm
Sunday	11:00am - 6:30pm

June 27th - August 21st (Regular Season)

Monday - Friday	12:30pm - 7:30pm
Saturday	11:30am - 7:30pm
Sunday	11:00am - 6:30pm

August 22nd - August 28th (Post Season)

Monday - Friday	2:00pm - 7:00pm
Saturday - Sunday	12:30 - 7:00pm

The schedule for the 4th of July, and August 29th - September 5th will be released at a later date.

POOL RENTALS

The Recreation Department will be renting out the pool on Sunday evenings between 6:30 - 8:00pm, please contact the office if you are interested. Prices will vary depending on the size of your group and the number of lifeguards needed. If space and/or staffing is available more than one group may rent the pool on the same date.



VETERANS MEMORIAL POOL EARLY BIRD FEES (PRIOR TO FRIDAY, MAY 20TH)

MEMBERSHIPS RESTRICTED TO HAMILTON WENHAM RESIDENTS

MEMBERSHIP TYPES	PRICE
HOUSEHOLD MEMBERSHIP <i>This Membership includes ALL PERSONS living in a household</i>	\$175
INDIVIDUAL MEMBERSHIP <i>Membership includes any individual 3 years or older</i>	\$55
INDIVIDUAL SENIOR/ VETERAN MEMBERSHIP <i>Membership includes 1 person over the age of 60 or a Veteran</i>	\$40
CAREGIVER PASS <i>The Caregiver Pass can only be purchased by a Family or Individual Membership holder. The Caregiver Pass can only be used by someone accompanying a member of that particular membership. The Caregiver Pass can be used by any number of individuals (non-resident included), by one individual per visit</i>	\$45

POOL FEES STARTING ON SATURDAY, MAY 21ST

TYPES	PRICE
HOUSEHOLD MEMBERSHIP <i>This Membership includes ALL PERSONS living in a household</i>	\$200
INDIVIDUAL MEMBERSHIP <i>Membership includes any individual 3 years or older</i>	\$65
INDIVIDUAL SENIOR/ VETERAN MEMBERSHIP <i>Membership includes 1 person over the age of 60 or a Veteran</i>	\$40
CAREGIVER PASS <i>The Caregiver Pass can only be purchased by a Family or Individual Membership holder. The Caregiver Pass can only be used by someone accompanying a member of that particular membership. The Caregiver Pass can be used by any number of individuals (non-resident included), by one individual per visit</i>	\$45

GUEST PASSES & DAILY FEES

GUEST PASS

A Guest Pass can ONLY be purchased by residents. Guests can only attend the pool with someone who is a resident. Guest passes are sold as either a one time visit or a pack of three. Non-Residents may be admitted to the pool with a guest pass. Maximum 3 guests per visit.

\$10/1

\$25/3

VETERANS MEMORIAL POOL DAILY FEES (FAMILY CAP \$25)

TYPES	PRICE
AGES 2 AND UNDER	FREE
AGES 3 -17	\$8
AGES 18 - 59	\$9
SENIORS (60+)	\$5
5 AFTER 5	\$5 AFTER 5:00PM

FREE SENIOR SWIM

Every Saturday the season Hamilton and Wenham Seniors (60+) will have free access to the pool from 11:00am - 11:30am.

AGES: 60+
DATES: Saturdays (Starting 6/25)
TIME: 11:00am - 11:30am
COST: Free
LOCATION: Veterans Pool





INTERESTED IN WORKING FOR OUR DEPARTMENT THIS SUMMER?

The Recreation Department is accepting applications for a number of open positions for the summer of '22.

To view an updates list of job openings and instructions on how to apply please visit our website www.hwrecreation.com or contact our office for more information.



PRESCHOOL SWIM LESSONS

Preschool Beginner : Children age 3-5 who have little to no experience in the water, who require flotation to swim. Instructors will work on basic swimming skills such as paddling, kicking and blowing bubbles.

Preschool Advanced: Children age 3-5 who can comfortably swim without flotation for a least 5-10 yards. Children will work on basic stroke development such as front crawl, backstroke & rhythmic breathing.

****Children will be broken up into smaller groups based on swim level****



Ages:	Dates:	Time:	Location:	Fee:
3-5	Saturdays, June 25th - August 13th	9:00am - 9:30am	Veterans Pool	\$125
3-5	Saturdays, June 25th - August 13th	10:20am - 10:50am	Veterans Pool	\$125

YOUTH SWIM LESSONS

Youth Beginner Swim Lesson: Children age 6-12 who have little to no experience in the water, who require flotation to swim. Instructors will work on basic swimming skills such as paddling, kicking, putting face in the water and blowing bubbles.

Youth Advanced Swim Lesson: Children age 6-12 who can comfortably swim without flotation for at least one length of the pool. Children will work on stroke development for front crawl, backstroke, breaststroke as well as rotary breathing.

Ages:	Dates:	Time:	Location:	Fee:
6-12	Saturdays, June 25th - August 13th	9:40am - 10:10am	Veterans Pool	\$125

PRIVATE/SEMI PRIVATE SWIM LESSONS

Private and Semi Private swimming lessons may be available depending on staffing. Information regarding these lessons will be released at a later date. Please contact the Recreation Department with questions regarding these lessons.

HURRICANES SWIM TEAM

The Hurricanes offer swimmers of all levels a chance to compete in a fun atmosphere as well as the opportunity to strengthen their swimming skills. Participants must be able to swim at least one length of the pool without stopping while demonstrating proficient front crawl or backstroke. Please note that your swimmers age bracket is determined base on their age as of July 1st! Registration fee includes a white practice cap and 1 team cap for swim meets. Team swimsuits can be purchased through Todd's Sporting Goods in Beverly.



HURRICANE SWIM TEAM SWIM MEET SCHEDULE 2022

Wednesday June 29th @ Manchester Bath & Tennis 12:30pm Warm-Up 1:00pm Meet

Wednesday July 6th vs. Myopia 12:30pm Warm-Up 1:00pm Meet

Wednesday July 13th @ Ipswich Country Club 12:30pm Warm-Up 1:00pm Meet

Wednesday July 20th vs. NACC 5:30pm Warm-Up 6:00pm Meet

Wednesday July 27th @ Essex County Club 3:30pm Warm-Up 4:00pm Meet

Wednesday August 3rd @ Myopia All Star Meet 4:30pm Warm-Up 5:00pm Meet

Ages:	Dates:	Time:	Location:	Fee:
6 and Under	Monday, June 27th - Friday, August 5th	7:30am - 8:30am	Veterans Pool	Residents: \$130 Non-Res.: \$160
7-10	Monday, June 27th - Friday, August 5th	8:00am - 9:00am	Veterans Pool	Resident: \$130 Non-Res: \$160
11-16	Monday, June 27th - Friday, August 5th	7:00am - 8:00am	Veterans Pool	Resident: \$130 Non-Res: \$160

JR. LIFEGUARD PROGRAM

The Jr. Lifeguard program is designed for 14 & 15 who have an interest in aquatics. Participants will learn about water safety, rescue skills and techniques, and assist with swim lessons by shadowing our current lifeguard staff. Once registered our department will work on a schedule to fit your needs.

Once officially certified participants of this program will be eligible for employment at Veterans Pool. Or Department will reimburse the expense for certification if the participant moves forward with lifeguard certification and commits to working at the Veterans Memorial Pool.

Ages:	Dates:	Time:	Location:	Fee:
14 & 15	TBD	TBD	Veterans Pool	\$25

Due to High Demand the Patton Park Summer Program is available for residents of Hamilton and Wenham ONLY

CONTACT INFORMATION

Recreation Office: (978) 468-2178 (prior to pool opening)
Park Office: (978) 626-5271

LOCATION

The Summer Park Program will be held at Patton Park. We will be utilizing the tennis courts, ball fields, playground, gazebo, and of course the POOL.

PATTON PARK SUMMER PROGRAM OFFICE HOURS

Recreation Department Staff will be available at the pool office from 8am - 9am, during the days of the program for any summer park program related office needs.

SWIMMING POOL ACCESS

Each group will have a minimum of 30 minutes of swim time each day. Swim time could increase based upon weather or specially planned activities. As part of the park registration fee the Tiny Tanks and Little Generals group will receive instructional/structured swim during their scheduled swim time. All other groups will have free swim. If your child does not wish to swim they must stay with their group, staff will plan activities accordingly during the period. In order to swim in the deep end participants must pass a swim test administered by a lifeguard. Anyone who fails the swim test or chooses not to take it must swim in the shallow end or kiddie area. Life-jackets are available though participants may bring a personal flotation device if they wish.

INCLEMENT WEATHER POLICY

If heavy rain and/or severe weather is forecasted participants will be notified the evening before and the park program will be held at the Buker School, Recreation Center, and/or The Community House. In the instance that severe weather strikes while the program is at Patton Park, children will be escorted across the street to the Community House/Winthrop School for shelter.

PARENT MANUAL

All Parents/Guardians will receive a parent manual prior to the start of the program. The manual will provide parent with contact information, drop off and pick up locations, daily schedules, and all other pertinent information regarding the program.

FIELD TRIPS

The All stars and Jr. All stars will be going on weekly field trips, permission slips will be provided at the start of the week and be due before the field trip is set to leave. PLEASE NOTE, the field trips will extend the day beyond 1:30.

WHAT TO BRING

Participants should bring a lunch, snack, bathing suit, flotation device (if needed), tennis racket, sun tan lotion and plenty of water.

***Patton Park Summer Program is Nut Free**



PATTON PARK SESSIONS

Session 1: June 27th - July 1st
Session 2: July 5th - July 8th (4 days)
Session 3: July 11th - July 15th
Session 4: July 18th - July 22nd
Session 5: July 25th - July 29th
Session 6: August 1st - August 5th
Session 7: August 8th - August 12th
Session 8: August 15th - August 19th

Junior All Star & All Star Field Trips 2022

Session 1:	Apex Entertainment (6/30)
Session 2:	Kimball Farms (7/7)
Session 3:	Laser Craze (7/14)
Session 4:	Canobie Lake Park (7/21)
Session 5:	Take Flight (7/28)
Session 6:	WooSox Game (8/3)
Session 7:	Water Country (8/11)
Session 8:	SkyZone Glow Jump (8/18)

Special Entertainment 2022

Session 1:	Curious Creatures
Session 2:	Carole Weidman/Miss Frizzle
Session 3:	SportsZone 101
Session 4:	Carnival
Session 5:	Seacoast Science Center
Session 6:	Violet the Clown/Teddy Town
Session 7:	Inflatable Water Slide
Session 8:	Make Your Own Sundaes

TINY TANKS (ENTERING PRE-K)****Participants must be 4 years old to attend****

This program will be geared to our younger participants and feature arts and crafts, free play, sports games, and movement activities. All participants will receive heavily supervised swim during their swimming time.

Grade Entering	Session	Time:	Location:	Fee:
Pre-K	Sessions 1, 3-8	8:45am - 1:15pm	Patton Park	\$120
Pre-K	Session 2	8:45am - 1:15pm	Patton Park	\$96

**LITTLE GENERALS (ENTERING K)**

The Little Generals program provides supervised, safe and fun programming for children. It is our goal for each child to create great park memories by providing an active outlet for both physical and social needs. Participants will engage in activities such as arts & crafts, swimming, tennis, sports, and weekly special events. Participants receive supervised swim during their swim time.



Grade Entering	Session	Time:	Location:	Fee:
K	Sessions 1, 3-8	8:45am - 1:30pm	Patton Park	\$120
K	Session 2	8:45am - 1:30pm	Patton Park	\$96

FROG CATCHERS (ENTERING 1ST GRADE)

This program incorporates sports & games, arts & crafts, swimming, tennis and more into a day of laughing, friends and memories.

Children will enjoy open swim during their swim time., flotation devices will be made available at the pool if needed.

Grade Entering	Session	Time:	Location:	Fee:
1st	Sessions 1, 3-8	8:45am - 1:30pm	Patton Park	\$120
1st	Session 2	8:45am - 1:30pm	Patton Park	\$96

**SWAMP DUCKS (ENTERING 2nd GRADE)**

This program incorporates sports & games, arts & crafts, swimming, tennis and more into a day of laughing, friends and memories.

Children will enjoy open swim during their swim time., flotation devices will be made available at the pool if needed.



Grade Entering	Session	Time:	Location:	Fee:
2nd	Sessions 1, 3-8	8:45am - 1:30pm	Patton Park	\$120
2nd	Session 2	8:45am - 1:30pm	Patton Park	\$96

YOUNG EXPLORERS (ENTERING 3RD GRADE)

Let kids be kids! This program incorporates sports & games, arts & crafts, swimming, tennis and more into a day of laughing, friends and memories. Children will enjoy open swim during their swim time, flotation devices will be made available at the pool if needed.



Grade Entering	Session	Time:	Location:	Fee:
3rd	Sessions 1, 3-8	8:45am - 1:30pm	Patton Park	\$120
3rd	Session 2	8:45am - 1:30pm	Patton Park	\$96

JUNIOR ALL STARS 4TH GRADE

This group is for children entering 4th grade in the fall. The Jr. All -Stars is a program that incorporates all the fun of the park program but also adds age appropriate field trips and activities each week. Participants will get at least 30 minutes of free swim time each day; all participants must pass a swim test to swim in the deep end.

Grade Entering	Session	Time:	Location:	Fee:
4th	Session 1, 3-8	8:45am - 1:30pm	Patton Park	\$145
4th	Session 2	8:45am - 1:30pm	Patton Park	\$121

**JUNIOR ALL STARS 5TH GRADE**

This program is for children entering 5th grade in the fall. The Jr. All -Stars is a program that incorporates all the fun of the park program but also adds age appropriate field trips and activities each week. Participants will get at least 30 minutes of free swim time each day; all participants must pass a swim test to swim in the deep end.



Grade Entering	Session	Time:	Location:	Fee:
5th	Session 1, 3-8	8:45am - 1:30pm	Patton Park	\$145
5th	Session 2	8:45am - 1:30pm	Patton Park	\$121

ALL-STARS (ENTERING 6TH & 7th GRADE)

For children entering 6th or 7th grade in the fall the All -Stars is a program that incorporates all the fun of the park program but also adds age appropriate field trips and activities each week. Participants will get at least 30 minutes of free swim time each day; all participants must pass a swim test to swim in the deep end.

Grade Entering	Session	Time:	Location:	Fee:
6th & 7th	Session 1, 3-8	8:45am - 1:30pm	Patton Park	\$145
6th & 7th	Session 2	8:45am - 1:30pm	Patton Park	\$121



EARLY MORNING DROP OFF

Staff will be available to supervise your children starting at 8am. Typically there will be one organized activity per day leading up to the start of the camp day. Early Morning Drop off will be located at the playground.

Grade Entering	Session	Time:	Location:	Fee:
Pre-K - 7	Sessions 1, 3-8	8:00am - 8:45am	Patton Park	\$25
Pre-K - 7	Session 2	8:00am - 8:45am	Patton Park	\$20

PM PARK

Need child care coverage until 3:30pm? Try our PM Parksters Program. Children will engage in structured activities, open play, as well take a dip in the pool on hot days. Daily snacks are provided. Children participating in Tiny Tanks are not eligible for PM Parksters.

Grade Entering	Session	Time:	Location:	Fee:
K - 7	Sessions 1, 3-8	1:30pm - 3:30pm	Patton Park	Daily / \$14 Full Week / \$65
K - 7	Session 2	1:30pm - 3:30pm	Patton Park	Daily / \$14 Full Week / \$52

C.I.T. PROGRAM

The CIT program is an educational program, with a curriculum designed to develop the people and technical skills necessary to be an effective camp counselor. All CIT applicants should be interested in working with children and possess maturity, flexibility, a strong work ethic, and the ability to have fun.

Age:	Session:	Dates:	Time:	Location:	Fee:
13-15	1	June 29th - July 24th	8:45am - 1:30pm	Patton Park	\$45
13-15	2	July 27th - August 21st	8:45am - 1:30pm	Patton Park	\$45

C.I.T. PROGRAM + TEEN TRIPS

C.I.T.'S who wish to attend the teen field trips may do so by registering for this program. Trips are included in the total price and are discounted. Only trips within the session are included.

Age:	Session:	Dates:	Time:	Location:	Fee:
13-15	1	June 29th - July 24th	8:45am - 1:30pm	Patton Park	\$150
13-15	2	July 27th - August 21st	8:45am - 1:30pm	Patton Park	\$150

TEEN TRIPS

Participants will attend supervised field trips throughout the area.

**Funtown Splashtown (Saco, ME)**

Participants will be able to explore both the water park and ride park in what is sure to be a fun filled day.

**Take Flight Adventure Park (Kittery, ME)**

Participants will need to work together to navigate Take Flight's Aerial Adventure Park.

**Apex Entertainment (Marlborough, MA)**

Participants will get 1 hour of bowling, 30 minutes of arcade time, and a bumper cars. Participants will receive pizza for lunch.

**K1 Speed (Wilmington, MA)**

Participants will ne indoor kart racing as well as receive pizza for lunch.

Grades:	Dates:	Trip	Departure Time	Fee:
7-9	Wednesday, June 29th	Funtown Splashtown USA	8:00am	\$60
7-9	Wednesday, July 13th	Apex Entertainment	8:30am	\$60
7-9	Wednesday, July 27th	Take Flight Adventure Park	8:45am	\$60
7-9	Wednesday, August 10th	K1 Speed	8:45am	\$60

**REGISTRATION IS CURRENTLY OPEN FOR ALL "LATE WINTER" PROGRAMS AT
WWW.HWRECREATION.COM**

APPLETON FARMS: WELCOME, SPRING!

As spring rolls around, we'll celebrate the big ball of plasma in the sky by asking questions about how it impacts our world. Kids will find their spot in the food web as we explore the sun, soil, seeds, and plants! We'll welcome spring through arts and crafts, outdoor exploration, and lots of "chores" in the barnyard and garden. Themes: Mud magic - water cycle - seeds and planting - baby animals - frogs

5 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-12	Mondays, March 21st - April 25th* *No Class 4/18	3:30pm - 5:00pm	Appleton Farms	\$57

WICKED COOL FOR KIDS: LEGO ROBOTICS

The We-Do Robotics system features LEGO models that incorporate working motors and sensors with simple programming software.

Kids will work as scientists and engineers to build, program, and test working models. Building dancing birds, drumming monkeys, and roaring lions to learn about simple machines, complex motion, and the concept of randomness.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
7-14	Mondays, March 14th - April 25th* * No Class 4/18	3:30pm - 4:30pm	Wenham Council on Aging	\$158

KIDS TEST KITCHEN

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to redefine kid food; one lesson, and one child at a time! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. Lessons are planned to celebrate seasonal produce - warm you on a cold winter day and offer ideas for quick and healthy family meals. At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Even the most reluctant eaters enjoy KTK, where participation is expected, but tasting is always optional. Each session arrives with fresh new recipes and ideas to inspire your healthy eater!

Session 2: Edamame Salad, Ener-Cheese, Asian Inspired Broccoli, Super Spear & Orange Stir-fry, Skillet Pizza with Veggies, Green Smoothie

Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. *Please clearly disclose all food allergies and/or dietary restrictions upon registration.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-11	Session 2: Fridays, March 11th - April 15th	3:30pm - 4:30pm	Recreation Center	\$120

**REGISTRATION IS CURRENTLY OPEN FOR ALL "LATE WINTER" PROGRAMS AT
WWW.HWRECREATION.COM**

SPORTSZONE 101 SOFTBALL CLINIC

Players, in grades 2 through 8 will have intensive instruction in proper softball mechanics and techniques. Kids will be split up by age. The clinic includes comprehensive instruction in the proper fundamentals of hitting, throwing, fielding, pitching, bunting, infield play, and outfield play. Players will improve specific skills through drills, demonstrations, and scrimmages.

5 Weeks

Ages:	Dates:	Time:	Location:	Fee:
7-14	Sundays, March 13th - April 10th	1:15pm - 2:15pm	Recreation Center	\$105

LA VIDA ROCK GYM: ROCK CLIMBING

Take advantage of Gordon College's wonderful Bennett Center! This program will provide children with a chance to learn about rock climbing and to participant in rock climbing under the direction of trained staff. Who will make it to the top of the wall? Come find out in this awesome rock climbing adventure.

5 Weeks



Ages:	Dates:	Time:	Location:	Fee:
8-12	Wednesdays, March 16th - April 13th	2:30pm - 3:30pm	Gordon College Bennett Center Rock Gym	\$90

KNUCKLEBONES: MICRO ATHLETICS

Knucklebones has designed a program to enhance gross motor skills, athletic fundamentals, physical exercise, creative movement, and fun! Each class your child will play a myriad of different, skill enhancing athletic activities and games. From learning to kick using RhinoSkin balls to practicing throwing, playing Messy Backyard and much more, we make sure your child is active and having fun while developing a passion for play that will stay with them! The entire program is supported using a plethora of unique and age appropriate equipment. Sneakers are required.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
2-4	Session 2: Sundays, March 6th - April 10th	10:00am - 10:50am	Recreation Center	\$122

**REGISTRATION IS CURRENTLY OPEN FOR ALL "LATE WINTER" PROGRAMS AT
WWW.HWRECREATION.COM**

KNUCKLEBONES: MICRO BASKETBALL

This clinic focuses on the basic fundamentals beginning with dribbling, shooting, passing and catching as well as defense. Using age appropriate equipment, this class enables your child to learn at their own pace while having a blast! Each class will be structured with stretching, learning a skill, rule of the day, skill game and finally a fun filled game for all to enjoy. Sneakers are required.

6 Weeks



Ages:	Dates:	Time:	Location:	Fee:
3-5	Session 2: Fridays, March 4th - April 8th	3:00pm - 3:50pm	Recreation Center	\$122

SUPER SOCCER STARS

At Super Soccer Stars it is our goal to teach soccer skills in a fun, non competitive, educational environment. Our philosophy is to use soccer to nurture and develop self confidence and to develop teamwork in every class. Our specially designed curriculum uses positive reinforcement and a low child to coach ratio to ensure that each child improves at his or her own rate while having endless fun! No Equipment required.

6 Weeks



Ages:	Dates:	Time:	Location:	Fee:
2-3	Tuesdays, March 1st - April 5th	9:00am - 9:30am	Recreation Center	\$120
3-4	Tuesdays, March 1st - April 5th	9:40am - 10:25am	Recreation Center	\$120
4-5	Tuesdays, March 1st - April 5th	10:35am - 11:25am	Recreation Center	\$120



SPORTSZONE 101: NERF WARS

Come test your individual and team effectiveness as a participant in our Nerf RIVAL Battlegrounds! The RIVAL series is designed with Nerfers ages ten and up in mind, as it features high-performance, high-speed Nerf blasters that are perfect for competitive, team-based play. If you have ever wanted to try out Paint ball, this is a great, safe alternative! The RIVAL blasters use squishy Nerf pellets, which is perfect for competitive gaming because players can feel when they get hit, but the pellets don't hurt like Paint ball or Airsoft. This awesome program puts a fresh spin on traditional games like Capture the Flag, King of the Hill, and Zone Wars, while also allowing participants to get great exercise, learn strategic planning skills, and make new battle-tested friends. Participants will play different games throughout the day, with individual and team-based challenges, so there is always something new and exciting to strive for. We will also have all sorts of obstacles for the students to interact with, so they never know what to expect! There will be no shortage of fun in this program, and we provide all the necessary supplies, so join the excitement today!

NERF BATTLEFIELD COURSE: Kids will enjoy our man-made, blow up obstacle course structures which help to protect and hide behind in your games to make the setting epic!! All Nerf Equipment and obstacles are sanitized before and after use. Kids can bring their own equipment so long as it's labeled properly! Kids Should Bring: Water, Comfortable Shoes!

Ages:	Dates:	Time:	Location:	Fee:
5-11	Saturday, March 5th	6:30pm - 8:30pm	Recreation Center	\$54
5-11	Saturday, March 26th	6:30pm - 8:30pm	Recreation Center	\$54

KNUCKLEBONES: PLAYSPACE



Drop the kids off for 2 hours of fun! Knucklebones will provide a wide range of equipment and games. Children will have some structured game play as well as some free choice play.

Ages:	Dates:	Time:	Location:	Fee:
5-11	Saturday, March 12th	6:30pm - 8:30pm	Recreation Center	\$54
5-11	Saturday, April 9th	6:30pm - 8:30pm	Recreation Center	\$54

MAGIC BRUSH POTTERY: EGG PAINTING

Drop the kids off for a creative night of painting eggs. Each participant will get 7 eggs to paint. Once completed Magic Brush Pottery will take the eggs to their shop for firing and then eggs can be picked up at our office once complete. Pizza to be provided for the kids prior to painting.



Ages:	Dates:	Time:	Location:	Fee:
5-11	Saturday, March 19th	6:30pm - 8:30pm	Recreation Center	\$54

**KIDS TEST KITCHEN**

Go on a date night, run some errands, or go home and have a nap! Tonight, is all about you – but your kids don't need to know! At this 2-hour evening event students will make BREAKFAST for DINNER! Crepes and Amazing Ginger Apples Even the most reluctant eaters enjoy KTK, where participation is expected, but tasting is always optional.

Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. *Please clearly disclose all food allergies and/or dietary restrictions upon registration.

Ages:	Dates:	Time:	Location:	Fee:
5-11	Saturday, April 2nd	5:30pm - 7:30pm	Recreation Center	\$48

REGISTER EARLY!!

Registration for MOST programs will close 1 week prior to the first class.
Please register early to ensure your spot!



SOCCER SHOTS: PRESCHOOL SOCCER

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. Our 4 and 5 year old participants utilize creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting.

Ages:	Dates:	Time:	Location:	Fee:
2- MINI	Saturdays, April 9th- June 5th* *No Class 5/28	9:00am - 9:30am	Patton Homestead	\$144
3- CLASSIC	Saturdays, April 9th - June 5th* *No Class 5/28	9:40am - 10:15am	Patton Homestead	\$144
4-5- PREMIER	Saturdays, April 9th - June 5th* *No Class 5/28	10:25am - 11:05am	Patton Homestead	\$144

SPORTSZONE 101: BIRDIE, PUTT & CHIP: INTRO TO GOLF



Golf is a lifelong sport. The smell of the fresh-cut grass, the crisp morning air, the feeling of the perfect tee shot – it's hard not to love a few hours on the greens. But what makes golf even better is playing with friends and loved ones. We can't promise that we will produce the next pro golfer in our program, but we can guarantee that your children will have lots of fun, be introduced to traditional golf grips and hitting stances, and get a little practice with putting and chipping. Using the U.S. Kids Golf Early Start program, each class will consist of short lessons followed by small group activities. Our goal is to introduce the children to the game of golf in a fun and interactive way so they can join you on the greens one day!

5 Weeks

Ages:	Dates:	Time:	Location:	Fee:
3-5	Mondays, April 25th - May 23rd	10:00am - 11:00am	Fairhaven Field	\$105

SPORTSZONE 101: HIGH 5 SPORTS!



Children of all ages love to be silly and have fun, especially the youngest of us. We see this firsthand every time we run our Silly Games program! We will play games like: Builders and Bulldozers, where children either build or bulldoze cones set up around the gym; Bowling for Noodles, like real bowling but with pool noodles; and Kooky Relays! Each game is designed specifically for our Tot friends and include elements that help further develop the fine and gross motor skills of our young Champions. Participants also can have the opportunity to practice working together, sharing with other children, and working on their problem-solving skills.

5 Weeks

Ages:	Dates:	Time:	Location:	Fee:
3-5	Thursdays, April 28th - May 26th	10:00am - 11:00am	Fairhaven Field	\$105

SKYHAWKS: MINI HAWK

This multi-sport program was developed to give children a positive first step into athletics. The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Our Mini-Hawk games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development at their own pace. Skyhawks staff are trained to handle the specific needs of young athletes.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
3-4	Tuesdays, April 26th - May 31st	10:00am - 10:45am	Fairhaven Field	\$102
4-5	Tuesdays, April 26th - May 31st	11:00am - 11:45am	Fairhaven Field	\$102

TOTAL ARTS WORKSHOP: CREATIVE KIDS

A beautifully illustrated picture book will be the reference each week for creative arts activities in our Total Arts! Interdisciplinary workshop that includes literature and related process art, with music and movement to fill the hour. Explore, discover, and create with Total Arts!

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
3-5	Thursdays, April 28th - June 2nd	10:00am - 11:00am	Recreation Center	\$130

SUPER SOCCER STARS

At Super Soccer Stars it is our goal to teach soccer skills in a fun, non competitive, educational environment. Our philosophy is to use soccer to nurture and develop self confidence and to develop teamwork in every class. Our specially designed curriculum uses positive reinforcement and a low child to coach ratio to ensure that each child improves at his or her own rate while having endless fun! No Equipment required. Many of the older children will wear cleats.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
2-3	Fridays, May 6th - June 10th	3:30pm - 4:10pm	Patton Homestead	\$120
3-4:	Fridays, May 6th - June 10th	4:15pm - 5:00pm	Patton Homestead	\$120
4-5	Fridays, May 6th - June 10th	5:05pm - 5:55pm	Patton Homestead	\$120

MINI TENNIS

Our Mini Tennis programs for ages 3 - 5 is conducted on a smaller court, using a red, low compression ball, which is slower and lower bouncing than a traditional Tennis ball. This adaptation allows players to develop their game in a safe and successful way, whilst ensuring fun for all! This program will teach the basic shot mechanics along with developing children's coordination and fundamentals of movement. All lessons are conducted using a variety of high energy, fast paced, fun games, designed to capture the attention of children this age ensuring maximum fun for your budding Tennis champ!

6 Weeks**Instructor: Maria Schena**

Ages:	Dates:	Time:	Location:	Fee:
3-5	Saturdays, May 7th - June 18th* *No class 5/28	11:00am - 11:45am	Patton Park Tennis Courts	\$90

KNUCKLEBONES: LIL' NINJAS

Knucklebones newest class! A mixture of movement and gross motor (similar to micro athletics but a lot of running, jumping, obstacle courses, etc.). Each week will be something different, imitating a mini American Ninja Warrior course.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
2-4	Fridays, May 6th - June 10th	3:00pm - 3:50pm	Fairhaven Field	\$122

SPORTSZONE 101: WEDNESDAY HALF DAY TOURNAMENT OF CHAMPIONS PROGRAM

Looking for an active after school program for your child? Check our Sportszone 101's new half day program! In this action packed program, children will participate in a variety of games, such as street hockey, soccer, football, dodgeball, basketball, wiffleball, and many others! In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, learn the importance of maintaining a healthy active lifestyle, and reinforce in-class learning using sports cards and prizes. Each participant will receive a daily sports prize.

BUS TRANSPORTATION AVAILABLE VIA BUS 10. SPOTS ON THE BUS ARE LIMITED SO REGISTER EARLY!

Ages:	Dates:	Time:	Location:	Fee:
6-11	Wednesdays, April 6th - May 4th* *No Class 4/20	1:00pm - 3:00pm	Recreation Center	\$96
6-11	Wednesdays, May 11th - June 15th	1:00pm - 3:00pm	Recreation Center	\$144

SPORTS ZONE 101: OUTDOOR NERF WARS



Come test your individual and team effectiveness as a participant in our Nerf RIVAL Battlegrounds! The RIVAL series is designed with Nerfers ages ten and up in mind, as it features high-performance, high-speed Nerf blasters that are perfect for competitive, team-based play. If you have ever wanted to try out Paintball, this is a great, safe alternative! The RIVAL blasters use squishy Nerf pellets, which is perfect for competitive gaming because players can feel when they get hit, but the pellets don't hurt like Paintball or Airsoft. This awesome program puts a fresh spin on traditional games like Capture the Flag, King of the Hill, and Zone Wars, while also allowing participants to get great exercise, learn strategic planning skills, and make new battle-tested friends. Participants will play different games throughout the day, with individual and team-based challenges, so there is always something new and exciting to strive for. We will also have all sorts of obstacles for the students to interact with, so they never know what to expect! There will be no shortage of fun in this program, and we provide all the necessary supplies, so join the excitement today!

NERF BATTLEFIELD COURSE: Kids will enjoy our man-made, blow up obstacle course structures which help to protect and hide behind in your games to make the setting epic!! All Nerf Equipment and obstacles are sanitized before and after use. Kids can bring their own equipment so long as it's labeled properly!

Kids Should Bring: Water, Comfortable Shoes!



6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-11	Fridays, May 6th - June 9th	3:30pm - 4:30pm	Fairhaven Field	\$129

YOUTH RUNNING CLUB

Want to learn to run, improve your running, or just stay active this fall? Would you like to train for a fall race? Join us for a FUN running program that will focus on proper warm-up, running technique, cool down, and stretches. We will utilize many games and age appropriate running activities to make you an all-around better athlete. Bring a water bottle and appropriate sneakers for running. The Youth Running Program is for boys and girls. T-Shirt included. Parent volunteers are welcome to join us.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-12	Tuesdays, April 26th - May 31st	3:30pm - 4:30pm	Fairhaven Field	\$20

WENHAM COUNTRY CLUB: GOLF LESSONS

These lessons will introduce beginning or novice golfers to the fundamentals of the golf swing, including balance, tempo, and timing. All aspects of the game will be covered, such as, driving, iron play, chipping, and putting. Participants need to bring their own clubs.

5 Weeks

Ages:	Dates:	Time:	Location:	Fee:
5-8	Mondays, April 25th - May 23rd	3:30pm - 4:30pm	Wenham Country Club	\$110
9-12	Mondays, April 25th - May 23rd	4:40pm - 5:40pm	Wenham Country Club	\$110

CHESS WIZARDS: CHESS CLUB

Say yes to chess! Join Chess Wizards for an interactive, scholastic program where kids will collaborate, gain confidence, improve chess skills, meet new friends, and work out their most powerful muscle – their brains! Appropriate for beginner to intermediate chess players, our program includes instruction in tactics and strategy, as well as individual game play. All students will receive a trophy, puzzle folder and wizards t-shirt. Come join the fun!!!

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-12	Mondays, April 25th- June 6th* *No Class 5/30	4:15pm - 5:15pm	Recreation Center	\$137



MA SPORTS LEAGUES: OUTDOOR MULTI SPORTS

Join the MA Sports Leagues as they bring various sports and games indoors for the winter! Each week will focus on a different sport. Sports that will be played include: Dodgeball, Soccer, Kickball, Basketball, Floor Hockey & Bubble Soccer.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-11	Thursdays, April 28th - June 2nd	3:30pm - 4:30pm	Fairhaven Field	\$108



KIDS TEST KITCHEN

(INTERGENERATIONAL PROGRAM W/ HAMILTON COA)

Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. This winter we'll celebrate ingredients that will warm your bones on a cold day and offer ideas for quick and healthy dishes for the family to enjoy together. At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. *Please clearly disclose all food allergies and/or dietary restrictions upon registration

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-11	Tuesdays, May 3rd - June 7th	3:30pm - 4:30pm	Hamilton COA	\$120

SPORTSZONE 101: FLAG FOOTBALL

During this program offered through Hamilton Wenham Rec, we will be playing flag football together in a fun and safe "Super Bowl" environment. Participants will rotate through different flag football games each week, playing different positions to help build skills and confidence on the field. All kids will learn the proper technique of playing and will also be given flags and flag belt for games.

Most games will take on in a 3 vs 3 and 5 vs 5 style game each week based on enrollment.

Kids should wear comfortable running shoes!

This program is open to both boys and girls.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-11	Wednesdays, May 11th - June 15th	3:15pm - 4:15pm	Fairhaven Field	\$129

YOUTH TENNIS LESSONS

This program will teach the basic shot mechanics along with an introduction to match play and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star!

6 Weeks

Instructor: Maria Schena

Ages:	Dates:	Time:	Location:	Fee:
6-8	Saturdays, May 7th - June 18th* *No class 5/28	11:50am - 12:50pm	Patton Park Tennis Courts	\$90
9-12	Saturdays, May 7th - June 18th* *No class 5/28	12:55pm - 1:55pm	Patton Park Tennis Courts	\$90

WICKED COOL FOR KIDS: POTION MAKERS CLUB



Engaging hands-on chemistry projects will encourage kids to be junior scientists. Unlock the secrets of the laboratory to create customized soaps, lotions and potions. Explore how chemists create formulas and make your own cool products to take home. Learn about chemical properties and reactions while making fizzing potions and secret solutions!

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
7-12	Wednesdays, May 4th - June 8th	3:30pm - 4:30pm	Recreation Center	\$158



ON SITE ARCHERY: ARCHERY

During this program participants will learn to shoot a bow and arrow in this Olympic archery development program. Classes are taught by a certified archery instructor. All equipment is provided. Students will progress at their own pace.

5 Weeks

Ages:	Dates:	Time:	Location:	Fee:
9-16	Thursdays, May 19th - June 16th	3:30pm - 4:30pm	Patton Homestead	\$112

KNUCKLEBONES: NINJA WARRIOR

Knucklebones Ninja is a blend of strength, skill, flexibility, fitness and fun. Throughout class participants will engage in various games, drills, elements and obstacle courses. From scaling up cargo nets on a truss to walking across balance beams, climbing over the A-frame to hanging on monkey bars, this class allows participants to have fun while progressing through the basics of ninja warrior elements.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
5-8	Fridays, May 6th - June 10th	4:00pm - 5:00pm	Fairhaven Field	\$122

SPORTSZONE 101 BASEBALL CLINIC

Tune up those skills before the spring season starts! Spend your vacation week perfecting your game! Players, ages 6 to 12 will have intensive instruction in proper baseball mechanics and techniques. Kids will be split up by age. The clinic includes comprehensive instruction in the proper fundamentals of hitting, throwing, fielding, pitching, bunting, infield play, and outfield play. Players will improve specific skills through drills, demonstrations, and scrimmages.

4 Days

Ages:	Dates:	Time:	Location:	Fee:
6-12	Tuesday, April 19th - Friday, April 22nd	9:00am - 12:00pm	Cheeseman Field	\$136

SKYHAWKS: ULTIMATE SPORTS

This ultimate-sport program was developed to give children the chance to play some favorite old time gym games! Capture the flag, dodgeball & kickball (or ultimate frisbee) are played in a safe, structured environment with lots of encouragement and a big focus on fun. Our ultimate sports games and activities were designed to allow campers to explore balance, movement, hand/eye coordination, and skill development. Skyhawks staff are trained to handle the specific needs of young athletes.

6 Weeks

Ages:	Dates:	Time:	Location:	Fee:
6-11	Tuesday, April 19th - Friday, April 22nd	9:00am - 12:00pm	Recreation Center	\$138

HEALTH AND SAFETY INSTITUTE (ASHI): BABYSITTING CERTIFICATION COURSE

The new Child and Babysitting Safety (CABS) program from ASHI gives teenagers and young adults everything they need to know for safe and successful babysitting. From getting started with their business, to dealing with parents and children, to key safety, care giving, and first aid tips, the magazine-format CABS guide and vlogger-style video make learning fun.

Ages:	Dates:	Time:	Location:	Fee:
10-16	Monday, March 14th	9:00am - 12:00pm	Recreation Center	\$50

ADULT PICKLEBALL LESSONS

Beginner/Advanced Beginner Clinic (2.0 to 2.5 Levels): Class for Players new to the Game or only playing a short time who would like to learn to achieve better fundamental techniques in their game. strokes & shots that will be taught are: volley, dink shots, serve & return, & forehand/backhand drive shots. Students will also learn the rules of match play & how to score while learning the basics in a fun-filled manner!

Instructor: Sue Carnevale

Ages:	Dates:	Time:	Location:	Fee:
18+	Beginner Session 1: Sundays, March 20th - April 10th	6:30pm - 8:00pm	Patton Park Tennis Courts	\$72
18+	Beginner Session 2: Fridays "TBD"	12:00pm - 1:00pm	Patton Park Tennis Courts	\$72
18+	Adv. Beginner Session 2: Fridays "TBD"	1:00pm - 2:00pm	Patton Park Tennis Courts	\$72

GORDON COLLEGE BENNETT CENTER: LAP SWIM

Join us at Gordon College Bennett Center for open lap swimming. You must register with the Recreation Department to get your swimming pass. This pass allows you to lap swim during the days and times shown below. However, times may change due to the college's activity schedule. Please check with the Bennett Center for exact days and times. (Bennett Center 978-867-3737) Locker room and shower facilities are available. 20 VISIT PUNCH CARD WITH NO EXPIRATION DATE!

Ages:	Dates:	Time:	Location:	Fee:
18+	Pool Schedule Available on College Website	See Website	Bennett Center Pool Gordon College	Resident: \$65 Non- Resident: \$80

GORDON COLLEGE BENNETT CENTER: WALKING PASS

Enjoy the Bennett Center walking track for free. Come take advantage of this great opportunity for indoor walking space. Please register at the Recreation Department to receive your FREE pass.

Ages:	Dates:	Time:	Location:	Fee:
18+	Monday, Wednesday, & Friday	9:30am - 11:30am	Bennett Center Gordon College	Free

GORDON COLLEGE BENNETT CENTER: WATER EXERCISE

Feeling sore when you wake up in the morning? Need a low impact way to work out? Join our water exercise class at Gordon College. This class is a great way to relieve stress and work out without causing undue pain to your body. Enjoy a morning in the pool getting back into shape!

Ages:	Dates:	Time:	Location:	Fee:
18+	Tues./Thurs. March 15th- April 28th	10:00am - 11:00am	Bennett Center Pool	\$45



SOCCER SHOTS: PRESCHOOL SOCCER

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. Our 4 and 5 year old participants utilize creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting.

Ages:	Dates:	Time:	Location:	Fee:
4-5	Monday - Thursday, July 18th - July 21st	9:00am - 12:00pm	Fairhaven Field	\$168
5-8	Monday - Thursday, August 1st - August 4th	9:00am - 12:00pm	Fairhaven Field	\$168
2- MINI	Fridays, June 24th - August 19th* *No Class 7/1	9:00am - 9:30am	Fairhaven Field	\$144
3- CLASSIC	Fridays, June 24th - August 19th* *No Class 7/1	9:40am - 10:15am	Fairhaven Field	\$144
4-5- PREMIER	Fridays, June 24th - August 19th* *No Class 7/1	10:25am - 11:05am	Fairhaven Field	\$144

MINI TENNIS

Our Mini Tennis programs for ages 3 - 5 is conducted on a smaller court, using a red, low compression ball, which is slower and lower bouncing than a traditional Tennis ball. This adaptation allows players to develop their game in a safe and successful way, whilst ensuring fun for all! This program will teach the basic shot mechanics along with developing children's coordination and fundamentals of movement. All lessons are conducted using a variety of high energy, fast paced, fun games, designed to capture the attention of children this age ensuring maximum fun for your budding Tennis champ!

6 Weeks

Instructor: Maria Schena

Ages:	Dates:	Time:	Location:	Fee:
3-5	Mondays, June 27th - August 8th* *No Class 7/4	3:00pm - 3:45pm	Recreation Center	\$90

SPORTSZONE 101: FLAG FOOTBALL

During this program offered through Hamilton Wenham Rec, we will be playing flag football together in a fun and safe "Super Bowl" environment. Participants will rotate through different flag football games each week, playing different positions to help build skills and confidence on the field. All kids will learn the proper technique of playing and will also be given flags and flag belt for games.

Most games will take on in a 3 vs 3 and 5 vs 5 style game each week based on enrollment.

Kids should wear comfortable running shoes!

This program is open to both boys and girls.

Ages:	Dates:	Time:	Location:	Fee:
6-11	Monday - Thursday, August 9th - 12th	9:00am - 12:00pm	Fairhaven Field	\$136

YOUTH TENNIS LESSONS

This program will teach the basic shot mechanics along with an introduction to match play and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star!

6 Weeks

Instructor: Maria Schena

Ages:	Dates:	Time:	Location:	Fee:
6-8	Mondays, June 27th - August 8th* *No Class 7/4	3:50pm - 4:50pm	Patton Park Tennis Courts	\$90
9-12	Mondays, June 27th - August 8th* *No Class 7/4	4:55pm - 5:55pm	Patton Park Tennis Courts	\$90



KIDS TEST KITCHEN: SUMMER COOKING WORKSHOP



Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to redefine kid food; one lesson, and one child at a time! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. Lessons are planned to celebrate seasonal produce – cool you on a hot summer day and offer ideas for quick and healthy family meals. At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Even the most reluctant eaters enjoy KTK, where participation is expected, but tasting is always optional. Each session arrives with fresh new recipes and ideas to inspire your healthy eater! Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe.

*Please clearly disclose all food allergies and/or dietary restrictions upon registration.

Ages:	Dates:	Time:	Location:	Fee:
6-11	Monday - Thursday, July 25th - July 28th	9:00am - 11:00am	Recreation Center	\$190

SEACOAST UNITED: SOCCER CLINIC

Seacoast United's Grassroots Soccer Camps are a unique opportunity for young children to get involved in the game of soccer. The overall theme is for children to relate having fun with playing soccer and to develop the necessary skills to be a competitive player in the future. The program ranges from ages 3 to 5, and offers a unique learning experience for all involved. Each age group is appropriately challenged with specifically designed developmental games and activities.

Seacoast United Summer Skills Soccer Camp programs (ages 6-14) are a fantastic way for your children to be introduced to SUSC's fun developmental approach to the game of soccer. Our professional, dedicated, full time coaching staff will offer sessions full of fun technical challenges and game play. SUSC Summer Skills Half Day Soccer Camps (3 hrs) appropriately challenge players in a fun learning environment while developing important individual skills. These classes then incorporate their skill work into scrimmage play allowing all players a chance to recognize how their confidence with the ball relates to game play situations and success.

Ages:	Dates:	Time:	Location:	Fee:
3-5	Monday - Thursday, August 15th - 18th	9:00am - 9:45am	Fairhaven Field	\$60
6-14	Monday - Thursday, August 15th - 18th	9:00am - 12:00pm	Fairhaven Field	\$125

SEACOAST UNITED: FIELD HOCKEY CLINIC

Seacoast United emphasizes the fundamentals of field hockey, as well as teach elite skills needed to compete at the highest level. Through skill sessions and instruction we feel that basic skills and exposure to the game of field hockey are the building block from which successful players are born. Seacoast United Field Hockey Camps offer the field hockey player a fun, yet challenging atmosphere. The staff is committed to promoting the individual athletic development of each camper by creating a fun and healthy learning environment. If you are a new or existing player who is looking to have a great time while working on your individual and team skills, our camps are for you!

Each athlete will get hands on coaching and will come away from camp with a greater knowledge of the game, an improved skill level and a love for the sport!!

Ages:	Dates:	Time:	Location:	Fee:
5-9	Monday-Thursday July 11th - 14th	9:00am - 10:30am	Fairhaven Field	TBD
10-14	Monday-Thursday July 11th - 14th	9:00am - 12:00pm	Fairhaven Field	TBD

REGISTER EARLY!!

Registration for MOST programs will close 1 week prior to the first class.
Please register early to ensure your spot!

Recreation Registration Form

HAMILTON-WENHAM RECREATION DEPARTMENT

16 UNION STREET
HAMILTON, MA 01982
978-468-2178
WWW.HAMILTONMA.GOV

For Office Use Only

Date _____
Amt _____
CK# _____
Health Form _____

Please fill out one registration form for each person.

Last Name (participant)		First Name (participant)		Date of Birth & Grade	
Street Number		Town/Zip		Parents Name	
Home Phone		Work Phone		Cell Phone	
Email		Emergency Contact		Phone #	
Activity Name	Day	Location	Class Time	Start Date	Fee
Activity Name	Day	Location	Class Time	Start Date	Fee
Activity Name	Day	Location	Class Time	Start Date	Fee

HAMILTON – WENHAM RECREATION DEPARTMENT CONSENT & RELEASE FORM

I, the undersigned, do hereby consent to the participation of _____
(Name of Participant)

in voluntary athletic or recreational programs of the Hamilton/Wenham Recreation Department. I understand that the Hamilton/Wenham Recreation Department recommends that the participant undergo a complete physical before beginning participation. Any limitations on participation are listed below. I agree to forever release, acquit, discharge and covenant to hold harmless the Hamilton/Wenham Recreation Department and its employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreational programs of the Hamilton/Wenham Recreation Department (collectively the "Releasees") from any and all claims, rights of action and causes of action on account of or in any way arising out of, directly or indirectly, all known and unknown personal injuries or property damage which I may now or hereafter have in my individual capacity or, if the participant is my minor child or ward, as parent or guardian of said minor. I also agree to forever release, acquit, discharge and covenant to hold harmless the Releasees from any and all claims, rights of action and causes of action on account of or in any way arising out of, directly or indirectly, all known and unknown personal injuries or property damage which said minor has or hereafter may acquire, either before or after he/she has reached his/her majority, resulting from his/her participation in a program of the Hamilton/Wenham Recreation Department.

I understand that my or the minor's participation in these programs is voluntary and that the minor or I are free to choose not to participate in said programs. I have read this Consent and Release Form and I understand the contents of this form.

Periodically, the Recreation Department photographs/video tapes program participants for promotional use. Unless the participant/guardian informs us of their desire not to be photographed, the Recreation Department will use photographs/videotapes for their promotional purpose.

Signature of Parent/Guardian or ADULT Participant

Date



Hamilton-Wenham Recreation Department

16 Union Street Hamilton, MA 01982

(978) 468-2178

OFFICE HOURS

Monday	8:00 AM - 4:30 PM
Tuesday	8:00 AM - 6:30 PM
Wednesday	8:00 AM - 4:30 PM
Thursday	8:00 AM - 4:30 PM
Friday	8:00 AM - 12:30 PM