SUMMER 2022 2.0

Additional Summer Half Day Options!

 Registration Now Open www.hwrecreation.com Due to the heavy demand for the Patton Park program this summer and the inability for some to get in off waiting lists we have lined up a number of other half day clinic options that will run at the rec center field throughout the summer.

We have offerings for kids age 5-8 as well as offerings for kids age 8-12. These programs meet Monday through Thursday and we leave Friday as a rain day make up if we need it.

We encourage you to register early for these programs so that families will know well in advance if there is enough enrollment for the program to run.



Preschool Programs



SOCCER SHOTS: PRESCHOOL SOCCER

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. Our 4 and 5 year old participants utilize creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting.

Ages:	Dates:	Time:	Location:	Fee:
4-5	Monday - Thursday, July 18th - July 21st	9:00am - 12:00pm	Fairhaven Field	\$168
5-8	Monday - Thursday, August 1st - August 4th	9:00am - 12:00pm	Fairhaven Field	\$168
2- MINI	Fridays, June 24th - August 19th* *No Class 7/1	9:00am - 9:30am	Fairhaven Field	\$144
3- CLASSIC	Fridays, June 24th - August 19th* *No Class 7/1	9:40am - 10:15am	Fairhaven Field	\$144
4-5- PREMIER	Fridays, June 24th - August 19th* *No Class 7/1	10:25am - 11:05am	Fairhaven Field	\$144

SPORTSZONE 101: SUMMER NERF RIVAL BATTLEGROUND

Come test your individual and team effectiveness as a participant in our Nerf RIVAL Battlegrounds! The RIVAL series is designed with Nerfers ages ten and up in mind, as it features high-performance, high-speed Nerf blasters that are perfect for competitive, team-based play. If you have ever wanted to try out Paintball, this is a great, safe alternative! The RIVAL blasters use squishy Nerf pellets, which is perfect for competitive gaming because players can feel when they get hit, but the pellets don't hurt like Paintball or Airsoft. This awesome program puts a fresh spin on traditional games like Capture the Flag, King of the Hill, and Zone Wars, while also allowing participants to get great exercise, learn strategic planning skills, and make new battle-tested friends. Participants will play different games throughout the day, with individual and team-based challenges, so there is always something new and exciting to strive for. We will also have all sorts of obstacles for the students to interact with, so they never know what to expect! There will be no shortage of fun in this program, and we provide all the necessary supplies, so join the excitement today! NERF BATTLEFIELD COURSE: Kids will enjoy our man-made, blow-up inflatable course structures which help to protect and hide behind in your games to make the setting epic!! All Nerf Equipment and obstacles are sanitized before and after use. Kids can bring their own equipment so long as it is labeled properly! Kids Should Bring: Water, Comfortable Shoes!

Ages:	Dates:	Time:	Location:	Fee:
8-12	Monday - Thursday, June 27th - June 30th	9:00am - 12:00pm	Fairhaven Field	\$150
5-10	Monday - Thursday, August 15th - August 18th	9:00am - 12:00pm	Fairhaven Field	\$150

SPORTSZONE 101: TOURNAMENT OF CHAMPIONS

This week in Hamilton-Wenham is going to be a lot of fun for many kids. In all our action-packed week, kids will participate in a variety of games, such as street hockey, soccer, football, battleship, four corners, dodgeball, basketball and many others during our fun-filled week. In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, good sportsmanship and understanding the cool statistics on sports cards. Each participant will receive a daily pack of cards as a major prize. These prizes help emphasize value and are a fun way to enhance learning! For this special Summer Vacation Program, all kids will be divided into their proper age groups upon arrival. Kids will get a chance to play against their friends in friendly competition. Kids should wear comfortable running shoes! This program is open to both boys and girls.

Ages:	Dates:	Time:	Location:	Fee:
8-12	Monday - Thursday, July 25th - July 28th	9:00am - 12:00pm	Fairhaven Field	\$136

SPORTSZONE 101: FLAG FOOTBALL

During this program offered through Hamilton Wenham Rec, we will be playing flag football together in a fun and safe "Super Bowl" environment. Participants will rotate through different flag football games each week, playing different positions to help build skills and confidence on the field. All kids will learn the proper technique of playing and will also be given flags and flag belt for games.

Most games will take on in a 3 vs 3 and 5 vs 5 style game each week based on enrollment.

Kids should wear comfortable running shoes!

This program is open to both boys and girls.

Ages:	Dates:	Time:	Location:	Fee:
6-11	Monday - Thursday, August 9th - 12th	9:00am - 12:00pm	Fairhaven Field	\$136

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KNUCKLEBONES: NINJA WARRIOR

Knucklebones Ninja is a blend of strength, skill, flexibility, fitness and fun. Throughout class participants will engage in various games, drills, elements and obstacle courses. From scaling up cargo nets on a truss to walking across balance beams, climbing over the A-frame to hanging on monkey bars, this class allows participants to have fun while progressing through the basics of ninja warrior elements.

Ages:	Dates:	Time:	Location:	Fee:
5-8	Monday - Thursday, July 11th - July 14th	9:00am - 12:00pm	Fairhaven Field	\$180
5-8	Monday-Thursday July 18th - 21st	1:00pm - 4:00pm	Fairhaven Field	\$180

KNUCKLEBONES: ATHLETICS

We play games like gaga, poison, splat ball etc. Knucklebones athletics is not your average class! Incorporating classroom favorites as we as outside the box games- this class is filled with physical activity, game play and fun! Ever tried to score points using a 4' inflatable ball or on 6' inflatable tube? Welcome to Powerball! Everyone will be challenged, learn new skills and have a blast!

Ages:	Dates:	Time:	Location:	Fee:
5-8	Monday - Thursday. July 11th - July 14th	1:00pm - 4:00pm	Fairhaven Field	\$180
5-8	Monday - Thursday, July 18th - July 21st	9:00am - 12:00pm	Fairhaven Field	\$180

YOUTH TENNIS LESSONS

This program will teach the basic shot mechanics along with an introduction to match play and the rules of Tennis! All lessons are conducted using a variety of high energy games and drills, designed to improve the game of your future Tennis star!

6 Weeks

Instructor: Maria Schena

Ages:	Dates:	Time:	Location:	Fee:
6-8	Mondays, June 27th - August 8th* *No Class 7/4	3:50pm - 4:50pm	Patton Park Tennis Courts	\$90
9-12	Mondays, June 27th - August 8th* *No Class 7/4	4:55pm - 5:55pm	Patton Park Tennis Courts	\$90

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SPORTSZONE 101: BASEBALL CLINIC

Players will have extensive instruction in proper baseball mechanics and techniques. Kids will be split up by their proper age and grade. The clinic includes comprehensive instruction in the proper fundamentals of hitting, throwing, fielding, pitching, bunting, infield play, and outfield play. Players will improve specific skills through drills, demonstrations, and scrimmages.

Our coaching staff, who consists of current and former baseball players, look forward to seeing you all for a fantastic week all geared toward improving our baseball skills!

Suggestions to Bring for Baseball: Water bottle, comfortable shoes, a favorite baseball t-shirt, hat, glove, and batting bag. No cleats! All other equipment is provided! No other equipment is necessary unless a child has a preference.

Ages:	Dates:	Time:	Location:	Fee:
6-12	Monday - Thursday, July 18th - July 21st	9:00am - 12:00pm	Cheeseman Field	\$135

NORTH SHORE BREAKERS: SOFTBALL CLINIC

The North Shore Breakers are a club softball program for girls on the North Shore. They will be holding a clinic for girls age 8-12 this summer in Hamilton Wenham! Come out and work on your hitting, throwing, fielding and pitching. Clinic is open to beginner and experienced players.

Ages:	Dates:	Time:	Location:	Fee:
8-12	Monday-Thursday August 1st - August 4th	9:00am - 11:00am	Black Field	TBD



KIDS TEST KITCHEN: SUMMER COOKING WORKSHOP

Kids'Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to redefine kid food; one lesson, and one child at a time! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. Lessons are planned to celebrate seasonal produce – cool you on a hot summer day and offer ideas for quick and healthy family meals. At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Even the most reluctant eaters enjoy KTK, where participation is expected, but tasting is always optional. Each session arrives with fresh new recipes and ideas to inspire your healthy eater! Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe.

*Please clearly disclose all food allergies and/or dietary restrictions upon registration.

Ages:	Dates:	Time:	Location:	Fee:
6-11	Monday - Thursday, July 25th - July 28th	9:00am - 11:00am	Recreation Center	\$190

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978-468-2178

SEACOAST UNITED: SOCCER CLINIC

Seacoast United's Grassroots Soccer Camps are a unique opportunity for young children to get involved in the game of soccer. The overall theme is for children to relate having fun with playing soccer and to develop the necessary skills to be a competitive player in the future. The program ranges from ages 3 to 5, and offers a unique learning experience for all involved. Each age group is appropriately challenged with specifically designed developmental games and activities.

Seacoast United Summer Skills Soccer Camp programs (ages 6-14) are a fantastic way for your children to be introduced to SUSC's fun developmental approach to the game of soccer. Our professional, dedicated, full time coaching staff will offer sessions full of fun technical challenges and game play. SUSC Summer Skills Half Day Soccer Camps (3 hrs) appropriately challenge players in a fun learning environment while developing important individual skills. These classes then incorporate their skill work into scrimmage play allowing all players a chance to recognize how their confidence with the ball relates to game play situations and success.

Ages:	Dates:	Time:	Location:	Fee:
3-5	Monday - Thursday, August 15th - 18th	9:00am - 9:45am	Fairhaven Field	\$60
6-14	Monday - Thursday, August 15th - 18th	9:00am - 12:00pm	Fairhaven Field	\$125

SEACOAST UNITED: FIELD HOCKEY CLINIC

Seacoast United emphasizes the fundamentals of field hockey, as well as teach elite skills needed to compete at the highest level. Through skill sessions and instruction we feel that basic skills and exposure to the game of field hockey are the building block from which successful players are born. Seacoast United Field Hockey Camps offer the field hockey player a fun, yet challenging atmosphere. The staff is committed to promoting the individual athletic development of each camper by creating a fun and healthy learning environment. If you are a new or existing player who is looking to have a great time while working on your individual and team skills, our camps are for you!

Each athlete will get hands on coaching and will come away from camp with a greater knowledge of the game, an improved skill level and a love for the sport!!

Ages:	Dates:	Time:	Location:	Fee:
5-9	Monday - Thursday, July 11th - 14th	9:00am - 10:30am	Fairhaven Field	\$150
10-14	Monday - Thursday, July 11th - 14th	9:00am - 12:00pm	Fairhaven Field	\$150

www.hwrecreation.com

Hamilton-Wenham Recreation Department

16 Union Street Hamilton, MA 01982

(978) 468-2178

OFFICE HOURS

Monday	8:00 AM - 4:30 PM
Tuesday	8:00 AM - 6:30 PM
Wednesday	8:00 AM - 4:30 PM
Thursday	8:00 AM - 4:30 PM
Friday	8:00 AM - 12:30 PM